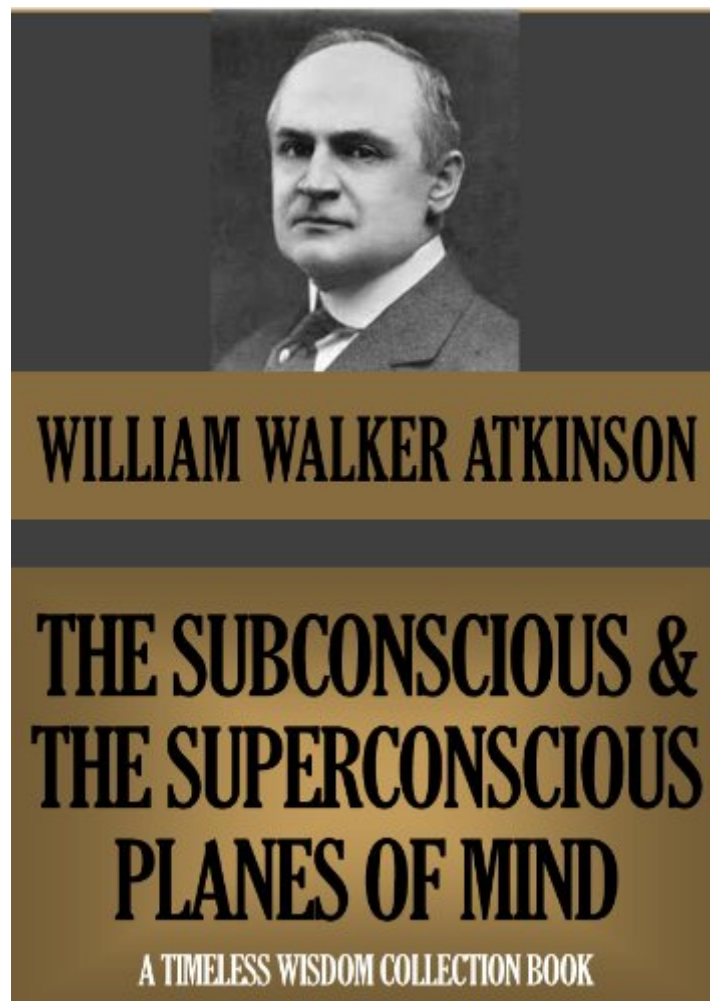


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# THE SUBCONSCIOUS AND THE SUPERCONSCIOUS PLANES OF MIND (Timeless Wisdom Collection Book 145)



## Synopsis

In this book, Atkinson keeps his incredible insight on the human mind, analyzing every possible aspects of the subconscious mind, memory, habits and others; to arrive to what he calls the superconscious, where all those possibilities of activities as yet not generally unfolded into actual manifestation are in storage. We have seen that in the Infra Conscious region of the mind there are certain activities which seem to be outside of the category of those which belong strictly to the subconscious "activities which cannot be considered as resulting from the past race or individual experience along the lines of racial memory or heredity, or of the memory of the individual" and yet which do not fit into the category of the "parallel" activities which we have classified as "the psychic." In short these activities seem rather to belong to a higher rather than a lower or even parallel plane of consciousness. The Orientals for centuries have recognized these activities and have classified them as belonging to the "superconscious" plane of mentation "a plane above the ordinary plane of consciousness, just as the subconscious is a plane below it, and the "psychic" plane parallel to it. The superconscious plane is a plane of "above consciousness," just as the subconscious is a plane "below consciousness." How to develop and unfold the superconscious: that is what Atkinson will try to teach to the minds that are prepared.

## Book Information

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## Customer Reviews

I read this book back in 2008 and it was very enlightening... If you notice, for the most part, these 2 levels of mind are not taught in western psychology. The reason for this is HORRIFYING to say the very least, but I will give you a hint.. Certain corporations weaponized this information out of dire and desperate necessity right before the start of the Cold War... When the masses finally wake up, this book which is already a classic, will be worth several thousand dollars... Those who are wise enough to invest in this book will thank me later.... It's a MUST HAVE! ~ Dr. Will Hawkins Jr.  
Founder of Hip Hop Therapeutics

This isn't so much a critique of the book as it is of the author. This guy knows his stuff. The highly religious and fearful may steer clear of his work as I know many believe such material may desecrate their religious beliefs. But to anyone else--those looking for spiritual, mental, and physical development--I recommend you delve deep into this author's work. If you have a deep interest in things beyond your normal five senses, or if you spend more time than the average person in contemplation of deep truths, then I suggest you delve deep into this author's work. I enjoy reading books by metaphysical teachers, but I had got to the point where I just wanted to be taught. I no longer desired examples from famous peoples' lives. I desired uninterrupted teaching. That is what this author gives. Not only that, but his work goes deeper into the physical than any other author's. Whereas most authors focus only on spiritual and mental fulfillment, Mr. Atkinson details the inner workings of the body. So you get this full panoramic view of being--from physical to mental to spiritual. Consider I never accept anything without meditating on it. But this author's teachings confirm, or validate, everything that I've always believed. So I feel I'm not alone, or my views are too eccentric. The price is right, too. For one buck you get great wisdom. I truly recommend any book by this author. Now I must warn you that in the old days they must not of had editors. You'll run across a few typos. Moreover, the classic style of writing takes some getting used to, but trust me, it is worth it. Note: If anyone is thinking about converting to Christianity, I suggest first reading Mystic Christianity or, the Inner Teaching of the Master. Do this lest your become polluted by the flawed teachings of the modern church.

This is one of the best books I have read to help me clearly understand the differences between all the levels or planes of my mind - being so much more than just my brain. It was truly life changing for me.

William makes it so easy to read and understand these concepts, it is obviously written with love and a very deep understanding of the universe. I love all his books.

Heavy reading but good content. In those days they had different style of sentence structuring. I prefer Joseph Murphy and Stuart Wilde style on this subject.

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